



## *Rules and Safety Procedures*

**Safety:** IT IS EVERYONE'S RESPONSIBILITY TO ACT SAFELY AT ALL TIMES

- 1) Never nock an arrow when anyone is in front of the shooting line.
- 2) Never nock and shoot an arrow until told to do so by the coaches.
- 3) Never cross the shooting line until told to do so by the coaches.
- 4) Any nocked arrow must be pointed towards the target at all times.
- 5) No running at any time.
- 6) Only one person may pull arrows from the target at any time – all others must remain at least 6 feet from the target.
- 7) Do not dry fire the bow; you will damage the bow and possibly injure yourself or someone near you.
- 8) Never retrieve an arrow from in front of the firing line while shooting is in progress.
- 9) Notify one of the coaches if an arrow falls in front of the shooting line. The coach will retrieve the arrow for you.
- 10) Coach instructions are absolute.
- 11) Arrows will be retrieved only when the coaches instruct you to do so. You will then walk to the target and back to the line with your arrows.

## **General:**

- 1) Each archer has the responsibility to alert the coaches to unsafe conditions.
- 2) All archers should wear long-sleeved, tight-fitting shirts.
- 3) No horseplay.
- 4) Anyone not shooting must keep clear of the shooting line.
- 5) No one owns a bow. Rec bows are available for everyone to use at any time.
- 6) Do not distract shooters on the line by talking to them.
- 7) Archery lessons will be canceled anytime school is closed because of snow, etc. – No school means no archery.
- 8) Any violation of any Safety Rule will result in the loss of the Archer's right to participate in lessons.
- 9) Each Archer must retrieve their own arrows from the floor in front of the targets.
- 10) Carry the retrieved arrows by their points, not the fletching.
- 11) Each Archer is responsible for hanging up the bow they used.

## **Parents:**

Please let the coaches do the coaching!