

North Haledon Recreation Commission Soccer Rules for 2020

For Everyone

1. Do not come to a practice or game if you have a temperature above 100 or if any members of your household are not feeling well or are showing any of the symptoms of COVID-19 as listed on the NHRC COVID-19 checklist.
2. Do not come to practice or a game if you or any members of your household have come in contact with (within 6 feet for 10 minutes or more) a person diagnosed with COVID-19 within the past 14 days.

For Coaches

1. Coaches must print out a roster and bring it to each game.
2. Coaches must do a symptom check and temperature check of all Players and Coaches of their team by completing the North Haledon Recreation Commission Coach's COVID-19 Checklist. If the temperature is 99.9 or lower, they may coach/play. If the temperature is 100 or higher the Coach / Player must leave the field as soon as possible and can't return to Coach/ Play that day. Also, if any of the symptoms on the checklist are present the Coach/Player must leave the field.
3. Coaches must supply a Signed Roster verifying that both the Covid-19 questions and temperature checks have been done for all Players and Coaches present at the Game to the Referee.
4. Coaches must wear a mask at all times once they arrive at the field.
5. There will be no coin flip. The Away Team will get possession of the ball for Kickoff to start the game and the Home Team will choose which Goal they want to defend. The teams will switch those roles at the start of the second half of play.
6. Coaches are responsible for monitoring that their Players maintain social distancing and wear their masks when not on the field of play.
7. Coaches must provide hand sanitizer and ensure that their Players use it when coming on or leaving the Field of Play during substitution.
8. Coaches must provide at least two (preferably three) Game balls to the Referee. The balls used should be sanitized after every quarter or half.
9. Coaches must wear a mask when entering the Field of Play to tend to an injured Player.
10. If a player is injured and does not need immediate care, please call the parent (or the authorized designee) who is present at the practice to deal with the injury. If the child needs immediate care, you can attend to them, *but you must wear a mask and gloves*. After the injury is dealt with, you must remove your gloves, properly dispose of them, and sanitize your hands.
11. If you, any member of your household or someone you had close contact with (within 6 feet for more than 10 minutes) is diagnosed with COVID-19, you must immediately advise the Chairman of the Board of Health/Recreation Commission and remove yourself from future activities until receiving clearance from the Chairman.

North Haledon Recreation Commission Soccer Rules for 2020, continued

For Players

1. Players must wear their masks when coming to the Field of Play until their Coach has had a chance to take their temperature. Once that is done, they may remove their masks to warm up. Players must wear their masks and maintain social distancing when on the sidelines and not in the game. There will be no players benches on the sidelines.
2. Players must sanitize their hands every time they enter or leave the field of play via substitution. Coaches will provide them with hand sanitizer but players are encouraged to have their own supply available. When they leave the field, after they sanitize their hands, they may get refreshments and take a moment to recover but then must put on their mask.
3. Players should not celebrate with fist bumps, handshakes, etc., either after scoring or after the game in the interest of social distancing.
4. There will be no sharing of food or drinks, and any drinks or food you bring must be labeled with your name. No seeds or chew of any type will be allowed at the activity.
5. If you do not feel well, tell your parents and/or coach immediately.

For Parents / Guardians / Spectators

1. They must maintain social distancing and wear masks once they arrive at the Field of Play. (masks exceptions apply for children under the age of two or for persons who can't wear a mask due to medical reasons. If they can't wear a mask for those reasons, they must maintain a social distance away from all other spectators. There will be designated areas at all fields showing where a spectator without a mask may watch from.
2. Each team will have a social distance coordinator responsible for making sure that people adhere to the masking and social distancing requirements.
3. If the Ball leaves the Field of Play during the Game, Spectators **MUST NOT** pick up / retrieve the Ball. Let the Players retrieve it.
4. They must be at least six feet from the Touch Lines or Assistant Referees at all times to maintain Social Distancing from all Players and Referees.
5. All parents must sign the North Haledon Recreation Commission YOUTH RECREATION PROGRAM PARTICIPATION AGREEMENT before their son or daughter can come to a game or practice.
6. One parent for each child must attend the practice or game or be immediately available in their car at the nearest parking lot to the field. Parents may also choose 1 or 2 parent designees for emergencies when they cannot attend by filling out a medical treatment form (to be supplied).
7. Bring your own approved hand sanitizer or wipes to every game or practice, for yourself and for your child. They will be instructed to sanitize their hands after every time in the field and after every at-bat.
8. If your child, a member of your household or someone you or your child had close contact with (within 6 feet for more than 10 minutes) is diagnosed with COVID-19, you must immediately advise the coach and the Chairman of the Board of Health/Recreation Commission and keep your child out of future activities until given clearance from the Chairman.
9. You will not allow your child to participate in the program if at any time they begin to exhibit any COVID-19 symptoms.